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HUMAN DEVELOPMENT AND THE POWER OF ALIGNMENT: Quieting Our Saboteurs and Activating Our Sage

Hope: Something is POSSIBLE!

Purpose → Human Development: Human Being precedes Human Doing

The FILTER of Human Development:

Thinking, Learning and Communicating → **Top 20:** Effective TLC
→ **Bottom 80:** Ineffective TLC

We are in the business of POWER AWARENESS.

The Power of Alignment: Core → Inner Life → Outer Life

Living in the Land of Other People: OPOs—Opinions + OPEs—Expectations + OPAs—Agendas

Top 20s Activate Their Sage and Quiet Their Saboteurs

1. *Positive Intelligence:* Shirzad Chamine

2. **Saboteurs:** automatic and habitual mind patterns that convince us through their lies that they are working for us and not against us.

Judge Pleaser Victim Hyper-Vigilant Controller
 Stickler Hyper-Achiever Restless Hyper-Rational Avoider

How does your Saboteur present itself? What does your Saboteur say?

3. **Sage:** has access to our wisdom, insights and untapped mental powers.

Sage Powers: your Sage's perspective on any challenge you are facing is that it is already a gift and opportunity or could be turned into one.

- (1) **Explore** with great curiosity and an open mind.
- (2) **Empathize** with others and ourselves and bring compassion and understanding to any situation.
- (3) **Innovate** and create new perspectives and outside-the-box solutions.
- (4) **Navigate** and choose a path that aligns with our deeper underlying values and mission.
- (5) **Activate** and take decisive action without the Saboteurs' distress, interference or distractions.

How would your Sage see this challenge? How is this challenge a gift or opportunity or how could it be turned into one?

What does your Sage offer you to better deal with this challenge?

Students Align by Knowing the Secret about Confusion

1. THE QUESTION: What do our students think or feel when they are confused?
2. THE PRINCIPLE: Everything we know or can do today we were once confused about.
3. THE SECRET: Confusion is a natural and necessary part of ALL learning.
4. THE SOLUTION: At our school, we Celebrate Confusion

Students experience a positive emotion when they are confused.

Top 20s Practice Kaizen: Continual Improvement

Action Plan: What have I become aware of about which I now want to take action?

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